

Food⁽¹⁾

Eggs

Farm eggs, your way (vg)
3 eggs (fried - scrambled - poached or boiled) - sourdough - ghee - confit cherry tomatoes

 Sunny eggs (v)
greek yogurt - garlic, lemon & dill - 2 eggs (scrambled or poached) - smoked paprika - chili oil - sourdough

65

Scrambled tofu (vg)
blanched kale - avocado - za’atar - crispy garlic - sourdough - lemon zest

Salty muffin
3 poached eggs - confit sardines - capers - tahini-lemon sauce - wholegrain muffins

Tartines

Honeyed fig (vg)
cottage cheese & yogurt - caramelized dates - raw honey - crushed walnuts - orange zest - sourdough

Purple (vg)
tahini-beetroot spread - 2 poached eggs - crumbled feta - za’atar - sourdough

75

 Spiced avocado (vg)
smashed avocado - cherry tomatoes - feta - herbs - pumpkin seeds - dukkah - sumac - sourdough

Sardines on toast
cashew creme mousseline - confit sardines - pickled onions - dill - lemon oil - sourdough

Plates

Continental (vg)
2 soft boiled eggs - gouda cheese - strawberry jam - ghee - toasted sourdough soldiers
add confit sardines +30

Mediterranean (v)
falafels - quinoa - edamame hummus - seasonal grilled vegetables - black olives

90

Brawny
hot honey cottage cheese - cajun ground beef (150g) - sweet potato - avocado

 Salty
confit sardines - asparagus - crumbled feta - 2 soft boiled eggs - roasted cherry tomatoes - pickled onions - capers - sourdough

Grizzly
grilled tenderloin (140g) - 2 boiled eggs - miso roasted pumpkin - smashed avocado - le Relais sauce

220

Salads

 Protein power
grilled chicken - tuscan kale - avocado - pickled red onion - parsley - toasted almond - edamame humus - maca & lemon ginger dressing

Glow up (v)
tuscan kale - quinoa - roasted pumpkin - roasted beetroot - shredded carrot - red cabbage - avocado - trail mix - tahini honey sauce

 Red boost (vg)
quinoa mix (red & white) - beetroot - feta - walnuts - dried cranberries - mint - balsamic vinegar dressing

90

Golden halloumi (vg)
grilled halloumi - bulgur - baby spinach - honey - pomegranate - cucumber - honey lemon dressing

Tuna salad
seared sesame tuna - baby spinach - red rice - avocado - pickled onions - green goddess dressing (chives - parsley - basil - mint - capers)

Wraps

Protein wrap
cajun ground beef - 2 scrambled eggs - smoked cheddar

95

Tinies

 Grilled halloumi (vg)
arugula - za’atar - toum

Harissa chicken
roasted chicken - cherry tomato relish - arugula

60

Veggie (vg)
hummus - falafel - beetroot - jicama

Food⁽²⁾

Healthy sweets

	Coconut chia pudding	
	coconut milk - collagen tripeptide (marine) - mixed roasted nuts - roasted coconut flakes	
	Overnight oats (vg)	75
	rolled oat - almond milk - chia seeds - maca - cinnamon - granola - peanut butter - chocolate	
	Taro pancakes (v)	
	taro and banana pancakes - banana ‘brulée’ - coconut whipped cream - maple syrup	
	Almond pancakes (vg)	
	almond flour pancakes (plant protein powder - egg - almond milk) - almond butter - blueberries - raw honey	
	Açaí bowl (v)	
	açaí - maca - ashwagandha - banana - passion fruit - cacao nibs - your choice of granola ¹	
	Green smoothie bowl (vg)	95
	banana - kale - avocado - greek yogurt - green spirulina - chia seeds - coconut flakes - pumpkin seeds - your choice of granola ¹	
	Pink smoothie bowl (vg)	
	banana - strawberry - dragon fruit - greek yogurt - creatine powder - dates - chia seeds - coconut flakes - cacao nibs - your choice of granola ¹	
	⁽¹⁾ Granolas:	
	plain - vanilla almond - sea salt caramel - dark chocolate bana-nut - peanut butter chocolate (also available in the shop)	

Good treats

	Energy ball (v)	30
	dates - nuts - plant protein powder - coconut	
	Energy bar (vg)	40
	activated almonds - goji berry - orange zest - dark chocolate	
	Paleo bar (v)	40
	walnuts - pistachios - almonds - cashews - mix sesame seeds- dates - maple sirup - salt	
	Blueberry muffin (vg)	35
	banana - egg - peanut butter - blueberries	
	Raw cake coco (vg)	45
	walnuts - dates - almond - cocoa powder - shredded coconut - maple syrup - chocolate ganache	
	Ginger orange soft cake (vg)	50
	orange & lemon juice - almond flour - coconut oil - egg - ginger	
	Banana bread (v)	45
	banana - almond flour - coconut sugar - cinnamon powder	

All our treats are gluten free but not prepared in a gluten free environment.

Sides

Toasted sourdough - 2pc	20	Confit sardines	30
Eggs (fried - scrambled - poached or boiled) - 2pc	20	Falafels - 2pc	30
Smashed avocado	25	Pickled onions	15
Grilled chicken	35	Olive oil	15
Grilled honey glazed haloumi	30	Honey	15
Edamame hummus	25		

(vg) vegetarian - (v) vegan
We are cashless.

Prices in 000 IDR, not inclusive of 10% gov. tax & 6% service charge.

Drinks⁽¹⁾

Coffee & co

Espresso	25
Americano	35
Piccolo / macchiato / cortado	35
Flat white / latte / cappuccino / mocha	40
Bulletproof coffee	45
single espresso - unsalted butter - MCT oil - Himalayan salt	
Matcha latte	40
matcha powder - full milk <i>make it dirty</i> +15	
Chai latte	40
chai powder (sweetened) - full milk <i>make it dirty</i> +15	
Hojicha latte	35
hojicha powder (sweetened) - full milk <i>make it dirty</i> +15	
Hot choc	35
raw cacao - cinnamon - coconut sugar - full milk	
Classic tea	30
mint green chamomile	
Oat milk / almond milk	+10
Extra espresso shot	+15
Make it iced	+10
Ashwagandha / maca / collagen tripeptides (marine)	+10
Mushroom mix (lion’s mane - codryceps - reishi - turkey tale - chaga - maitake)	+20

Iced coffees

Aerocano	40
aerated iced americano	
 Coconut cloud	50
fresh coconut water - whipped espresso cream - vanilla syrup	
Mont blanc	55
cold brew - homemade cream mix - orange zest	
 Tahini coffee	55
double espresso - tahini - sesame seeds - honey - oat milk	
Vietnamese coffee	40
cold brew - condensed milk	
Brown sugar espresso	40
double espresso - coconut brown sugar - full milk - Himalayan salt	
Honey cinnamon	50
double espresso - honey - cinnamon foam - pinch of Himalayan salt	
Honey lemoned coffee	45
double espresso - honey - water - lemon juice	

Iced matchas

Matcha latte	40
matcha powder - milk	
Coconut cloud matcha	
fresh coconut water - coconut foam - matcha	
Strawberry matcha	
strawberry puree - matcha latte - strawberry cream foam	
 Mango matcha	50
mango puree - matcha latte - mango cream foam	
Blue matcha	
blue spirulina - matcha latte	
Dirty matcha	
single espresso - matcha latte	
Oat milk / almond milk	+10
Collagen tripeptides (marine)	+10
Hyaluronic acid powder	+25

Drinks⁽²⁾

Functional smoothies

	Energy + focus	60
	banana - spinach - almond milk - maca - chia seeds	
☞	Gut health	70
	pineapple - mango - fresh coconut water - probiotic powder (kefir) - L-glutamine	
	Recovery	60
	mixed berries - banana - oat milk - plant protein (15g) - honey	
☞	Anti-stress	65
	blueberries - almond butter - oat milk - ashwagandha - cacao nibs	
	Skin + beauty	80
	strawberry - kiwi - fresh coconut water - honey - collagen tripeptides (marine) - hyaluronic acid powder	
	Protein powder (15g) / creatine (5g)	+15
	Ashwagandha / maca / collagen tripeptides (marine)	+10
	Mushroom mix (lion’s mane - codryceps - reishi - turkey tale - chaga - maitake)	+20

Juices & shots

	Jamu shot	15
	Olive oil & lemon juice shot	30
☞	Carrot / apple / mint / lemon / ginger / ashwagandha	
	Beet / cucumber / carrot / lemon / ginger	
	Pineapple / ginger / turmeric	45
	Papaya / pineapple / lime / mint	
	*juices are cold pressed	

Cool drinks

☞	Electro-like	
	fresh coconut water - lime juice - creatine (5g) - honey - Himalayan salt	
	Digestive wonder	50
	ginger - turmeric - aloe vera juice - lemon juice - apple cider vinegar - Himalayan salt	
	Brasilian lemonade	
	whole lemon - condensed milk - coconut sugar	
	Sourbucha	45
	peach or lychee	
	Overnight ice tea	40
	black tea - apple - lemon - basil - coconut sugar	
	Mint lemonade	35
	Fresh coconut water	30
	San Pellegrino 750ml	70
	Soda water	25
	Filtered water	10

Functional teas

	Brain Booster	
	green tea - peppermint - ginger - turmeric	
	Flu Fighter	
	green tea - hibiscus - liquorice - lemon - lemongrass - butterfly pea - chamomile	40
	Calming Blue	
	lemongrass - ginger - pandan - butterfly pea	
	Hormonal Balance	
	green tea - lemongrass - rose - pandan - cardamom - parsley - cinnamon	

Broths

☞	Chicken broth	
	leek - celery - carrot - onion - garlic - sea salt - pepper - turmeric powder - clove	60
	Beef broth	
	leek - celery - carrot - onion - garlic - sea salt - pepper - turmeric powder - clove	

